

Welcome

There is much debate at the moment around the impact and concerns of using Artificial Intelligence (AI) and whether this technology can meaningfully improve people's lives. Whilst we are not at the stage of embedding AI into our current systems, it does make me wonder how technology will influence and change our routines and procedures in the future across all areas of the organisation. What will a creative and dynamic hospice look like in the next 10 years? Our commitment has always been to constantly challenge what we do and to look at ways we can improve and develop, so we sustain and deliver responsive services to the community. I must say even over the past year we have embraced and adopted new technology in a number of areas across the organisation. Another example of this is our successful monthly e-Newsletter as we look to provide a balance with the way we keep people updated on what's going on at Dove House. If you're interested in these monthly updates then please email hello@dovehouse.org.uk or sign up online at dovehouse.org.uk.

One thing we can be certain about is that the need for hospice care has never been greater. The health and social care landscape in which we work faces unprecedented challenges, with the resources available not meeting the demand, which often means people are not getting the care and support they desperately need. At Dove House we need to do more, and we will do more. So, its pleasing to report that the hospice has made great progress in the past 12 months. We've seen admissions on our inpatient unit increase by 47%, even though our costs have gone up significantly. We have also been able to support more people through our drop in services and groups, Welcome Wednesday's and Friday Friends as well as our Children's Bereavement Groups, all thanks to your support.

The framework for our future plans is now in place and we have set out our new strategic ambitions, which you can read more about in this newsletter. Ambitions and plans which have been shaped



through all our stakeholders, including the public, our supporters, staff and volunteers, local medical professionals, and our commissioners. The needs of our local community have changed a lot in recent years, and we are mindful that the patients who come to Dove House now have more complex needs. There will be more focus on community based care and support but with improvements made to existing hospice based services. The next 5 years will be challenging. Providing outstanding care and support requires a skilled, motivated and driven workforce. We will need to raise more funds through voluntary sources and increase our levels of statutory funding. The road ahead won't be easy, but we are determined to build on the success and foundations we have in place, so we continue to deliver appropriate high quality care to more patients and families over the next 5 years.

We are a hospice and care provider created by the community and one that is predominantly funded by the community. Only through your amazing support can we provide the care and support highlighted in the stories from Sally, Hazel, and Hannah in this newsletter. Thank you for all that you do for Dove House.

Good Wishes

Chris Sadler **Chief Executive**

We'd love to hear your ideas and comments about our Newsletter and the work we do, please get in touch:

🔯 hello@dovehouse.org.uk 📞 01482 784343 🕥 twitter.com/dove_house 🔞 facebook.com/dovehouse



SALLY'S **STORY**

My dad had been having dialysis for three years and after a full body scan, we received the devastating news that he had things even worse we had only recently lost Mum so when the hospital sat us down and suggested Dove House was a good choice for Dad we weren't prepared at all. It felt like we were on a rollercoaster but one that we had never willingly gotten on.

The thought of going to a hospice was daunting, I wish hospice care had been explained to us properly so that we knew more about what to expect, to prepare us for how different it is from hospital care. All of my feelings just flooded at once.

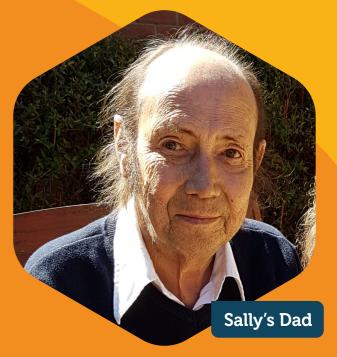
Dad arrived at Dove House five weeks to the day and everything was calm. We felt very overwhelmed. A lovely nurse noticed and took me outside to help me process what was going on. She asked me if the Family Support Team could come and see me and that's how I met the incredible Rebecca. She helped us every step of the way, without her.

I was struggling with the thought of losing Dad when we were still grieving Mum. It felt so heavy. We found a camaraderie with the other relatives at the hospice which was invaluable. We became each other's support network, and it was very needed. It made our situation a little more bearable.

Dad was moved into a single room and from then myself and my sister stayed with him. **We wanted** to be by his side. It was really precious to us that the hospice allowed us to be able to do that.

Everyone showed us such kindness but I will never forget the compassion a volunteer showed me one morning when I was really struggling. She made me something to eat and a warm drink and I know it was only marmalade on toast but by gosh did I need that comfort!

Nothing prepares you for losing a parent. Not even losing Mum had prepared us. We talked and talked to Dad. It helped our hearts heal thinking he could hear us.



It was so peaceful at the end, so tranquil you wouldn't have even known anyone else was in the hospice. Seven weeks after we said our goodbyes to Mum, we were doing it all over again with Dad.

Since Dad died the Family Support Team has been wonderfully supportive. Keeping in touch with us and helping us walk this awfully sad road again. One of my daughters even had bereavement counseling too. **Dove House continues to be there** for us for as little or as long as we need them.

Tell us your story Jour Jory Could you share your Matters 2

Sharing your story will help showcase the fantastic care that the hospice provides and will highlight the impact our services make on a daily basis.

Your story will help ensure that people know what a positive difference hospice care could make to their lives and encourage them to reach out for support.

Plus, stories help to secure more donations and encourage people to volunteer and fundraise for Dove House too!

Sharing your story is a unique way of supporting Dove House. We would love to talk to you about your experience of the hospice.

To share your hospice story visit:

O1482 784343 (Ext 132)

www.dovehouse.org.uk/stories

stories@dovehouse.org.uk

28
admissions
for Respite
Care

Nothing was too much trouble.
Dove House has such an air of peace and tranquillity and it was a great relief to see him so comfortable at last.

160

admissions for Pain & Symptom Management 13%

referrals were from patients themselves or by a family member or friend

105

patients accessed Occupational Therapy We will never be able to thank you enough for all the wonderful care you gave.

The impact you have made!

In 2022/23, thanks to the continued support of the community, we have been able to reopen most of our services after the Covid pandemic. We saw a **15%** increase in referrals for our care services and admissions on the Inpatient Unit increased by 47% in comparison to the year before.

We were also so pleased to be able to launch new groups which welcomed the community back into the hospice. 72

Complementary Therapy assessments I was so grateful that you called me so I was able to spend the night with my husband and was with him when he died. Your care was outstanding.

129

Patients accessed Physiotherapy

405

Inpatient admissions

89

Visits made by our Motor Neurone
Disease Nurse

Every hug, kind word, toast and hot chocolate meant so much. What you all do changes lives, it matters and you are stars!

1472

total referrals received for our care

406

people helped by the Family Support Team 23

Friday Friends Groups

You allowed her freedom, dignity and independence and took the time to get to know her, she wasn't just a patient to you.

178

referrals to Children's Bereavement Groups 84

People attended Welcome Wednesdays 116

Physiotherapy assessments

We were bowled over with the care you took...he was given so much respect and dignity.

Your support has been amazing!

Everyone at Dove House is so grateful to the community who supports the hospice. As only 10% of the funding needed to run Dove House comes from the government, the other 90% has to be raised through the generosity of local people and organsiations.

This year:

People buying and donating to our shops raised:

£5,160,127

People playing Your Charity Lottery raised

£1,105,322

Fundraising activities and events raised:

£1,100,221

4064

individuals donated or fundraised for **Dove House**

709

organisations and businesses supported the hospice

Little Owls day nurseries raised:

£846,574

847,920 purchases made at a hospice shop

2,103,418

items sold in our shops

2889

new entries in the Your Charity Lottery draw

Thank you from all of us at Dove House

Your help, in whatever way you have given to Dove House means so much to everyone here including patients, their families, and all service users. We are all extremely grateful for your support which makes such a difference. Without you, local families needing expert specialist care during some of the most difficult days could not access vital hospice services. Your continued support means Dove House will be here for many more families.

> We wanted to share a few things that you have helped make possible:

You supported **Barry** who was struggling to care for his wife at home alone. Your donation meant we could reassure him, and spend time getting to know him and his wife so that we could tailor our care to their individual needs.

You allowed us to provide extra special moments, like giving John a bubble bath for one last time which was something that wouldn't have been possible at home.

YOU

You enabled the Friday Friends group to be there every week as a place for isolated members of our community to come together and meet new people. You helped them when THANK they were lonely.

You helped pamper Jill when she came to the hospice for pain management. You enabled us to take care of her, not just physically but emotionally too. Because of your support, Jill felt well enough to go home and be comfortable in her final days with her family.

You provided funds for our Bereavement Team to help Joyce whose husband had died and was struggling with her grief. You helped give her a safe space to process her emotions.

66 I cannot thank everyone who supports the hospice enough, what you have done for our family is incredible and I don't know what we would have done if the hospice hadn't scooped us up, listened to our worries, and held our hands through what was the worst week of our lives. "

Miranda, whose dad died at the hospice

Being able to come to Dove House each week is a lifeline for me and so many others. I know that the hospice relies on our community to provide these services and I want to personally thank everyone who makes that happen. >>

Harry, Friday Friends Service user

The future of **Dove House care**

During 2022/23 we developed a new five year strategy after reviewing the previous Dove House strategy and analysing where the hospice currently is to create our new plan for the future.

This strategy will be implemented in 2023/24 and will guide decision making developments for the next five years.

How did we develop our new Strategy?

Our strategic plan has been developed through a robust programme of stakeholder engagement with the support of professional analysts. This involved talking to all our stakeholders; from patients and families to those that commission our services, staff and volunteers and the community that sustains us, health care professionals and the wider healthcare sector.



Strategic Ambitions 2023-2028

From the results of our stakeholder engagement and analysis we have created four Strategic Ambitions:

Care and

Services

Ambition 3:

People and

Development

Ambition 2:

Reaching

Out

Ambition 4:

Financial

Excellent care, excellent support, excellent outcomes

Exceed expectations

Be innovative in our approach

Care for more patients and expand services

Achieving success through our people

Ensure workforce is appreciated and motivated

Become an employer of choice

Leadership will be values led, compassionate and inclusive

collaborate to succeed

local healthcare system

Collaborate to provide seamless care

Raise our profile and dispel myths

A coherent financial plan to achieve our strategic ambitions

Sound financial model to underpin existing services

Develop proactive strategies

Be prudent in our approach to ensure resilience and sustainability

them, in terms of curative treatment and I used to feel "but there is more we can do for them beyond a cure". I think everyone notices the same thing when

A Word

Tracey

From...

SISTER

they first enter the hospice, it's so welcoming and the atmosphere is somehow calm, intimate, and open, all at the same time. Straight away I thought, here's a place I can really work the way **I believe in.** The first thing we talked about in my interview were the values and ethos of Dove House. There was a real sense of being part of a much wider team, not just clinical staff. The focus of care is also much broader than the disease and encompasses, not just the patients, but also their loved ones and family. Here emotional, social, and psychological well-being support is provided alongside good clinical care.

Before joining the hospice I had been interested

early on in my career hearing patients being told

there was nothing more that could be done for

in palliative care for a long time, I remember

The first few days are usually stressful in a new role but I instantly knew that I had made the right decision. I felt valued and supported. I was constantly struck by how calm everyone was. Dove House has a lightness about it that is hard to put into words.

I believe we offer excellent staff support through supervision, reflection sessions, and that all-important sense of belonging to a team. That does not mean that I am never affected by things and there will inevitably be days when it's hard.

Our care allows patients, partners, children,

Of course, it's a hard, sad, and difficult time, but the quality of the time they are able to spend together in the hospice impacts far beyond their experience here and through the grieving process too. Our care and support does not end when someone dies.

We have such wonderful moments at the hospice. It can be the simplest things like doing someone's hair, changing from a hospital gown into pyjamas, or creating an environment where people can do normal things, have space to be together, and be taken care of in every sense of the word.

Patients' pets are even allowed to visit them. One day day I brought my own dog, Poppy, in to spend time with someone who had had to rehome their pet. Poppy immediately seemed to know what to do and just snuggled in beside the patient and laid her head on her hand. Magic!

There is so much that goes on in a hospice environment, for example, patients can have a jacuzzi bath, participate in crafts and hobbies, access complementary therapies, we even have film nights, weddings, and picnics.

I always look forward to coming to work, that's no small thing in itself. Every day is different and I enjoy that. I feel proud of what I do and privileged to be able to work the way that we do. I love seeing patients and their families, and knowing that however they are feeling on that day, we can make a difference.



Strengthen our place in

to raise additional funds

families, and loved ones to be families again.



We know we can only achieve these ambitions with the support of the community and we will keep you up to date with progress on our plan every year in this Keeping in Touch Newsletter.

HAZEL'S STORY

My name is Hazel and I was caring for my terminally ill husband Brian at home. We had been together for 40 years, married for 33 of those years, and had built a lovely little life together with Brian's two children.

Brian was diagnosed with Parkinson's in 2010, and when he had a fall in 2017, breaking his hip and suffering nerve damage, our world changed. I found it really hard to accept his illness and how it had changed him over time, especially as he approached the end of his life.

After caring for Brian for two and a half years at home it was starting to take its toll on me. People would say, "I don't know how you do it," but it's not something you ever have a choice in, you just do it because it needs to be done. I started attending the Dove House Carers Group, and when I first arrived all the feelings I had been keeping inside came rushing out. Suddenly I was in the gardens at the hospice with tears streaming down my face. This was when the Family Support Team Leader was introduced to me. I will never forget that day, she has been the rock that has gotten me through some really dark times.

I couldn't cope at home, something needed to change. The weight of keeping everything in, and having to be the strong one all of the time was bringing me down. I started to visit the Family Support Team once a week, it gave me the chance to offload my worries, stresses, and frustrations.

When Brian died I hit rock bottom. I just didn't care anymore. I felt as though I had nothing to get up for, I had lost my purpose to get out of bed in the morning. I had never felt so low.

I have struggled with my relationship with alcohol and sought help from a local charity but they couldn't help me with my grief. They gave me tools to stop drinking but I needed support with the emotional pain, Dove House has been there for that. The Family Support Team even arranged for me to have hypnotherapy to help with my feelings of anger that had been bubbling up inside since Brian's diagnosis.



When the groups at Dove House reopened after the pandemic it was like a breath of fresh air. I had just given up but Welcome Wednesdays and Friday Friends gave me a reason to get up in the morning again. I would consider the people I have met at the groups as my friends. We may all be at different stages of our grief but we hold a safe space for one another to express whatever emotion we are feeling that week.

It frightens me what people would do, or how they would cope, if they didn't have the support I have had through the Dove House groups. I am too scared to even think where I would be now if it wasn't for Dove House's help and compassion.

Dove House has given me the courage and confidence to go on with my life. I can now see that I can still do something with the years I have ahead of me.



Losing a loved one is extremely difficult and can often be very isolating. Come along and meet other people who have had similar experiences.

- **a** First and third Wednesday of the month
- **1pm to 3pm**
- Amy Johnson Community Hub, Dove House Hospice, HU8 8DH



- **O** 1482 784343
- www.dovehouse.org.uk/bereavement-cafe

Volunteering at Dove House

There are many ways you can help the hospice by offering your time and becoming a volunteer. With lots of different areas in which volunteers are needed, we are sure you will find a role that would really suit your skills.

Volunteers give their time across the whole hospice and add so much to the services we deliver, without the team of over 1000 volunteers we could not provide such vital care to the local community.

Here's what some of our volunteers say:

I get to talk with the wonderful team who look after the patients so beautifully, and have a chat with them and their families. I am proud to be able to make someone's day a little brighter with a cup of tea, a smile, or a soothing word or two. Volunteering is a wonderful opportunity, and I get to be part of it. It's not just bringing the tea, it's so much more than that.

Bernard,

Inpatient Unit Volunteer

gardening and have been a volunteer gardener at the hospice for 16 years now.

Making friends with other gardeners, people whom I would never have met before has been the best bit about volunteering for me. It is hugely rewarding, and we are always looking for more volunteers to join us.

Margaret,

Gardening Volunteer

66 Volunteering gives me a purpose. I learn new things, give back to society, and having some structure to a week is very rewarding. The hospice charity shops are a brilliant place to volunteer. For me, the best bit about volunteering is feeling useful in a supportive and friendly team. I love it when we have a day with better-than-normal takings. The buzz in the team with such a visible reward for hard work is brilliant.

Jayne,

Retail Volunteer

at the hospice before Covid and I am so glad to be back. My son died in a children's hospice so volunteering for a hospice just feels right to me. I like to feel useful and it gets me out of the house. I love crafting and passing on these skills to others every week at Friday Friends. Volunteering benefits you as much as it does Dove House.

Diane,

Friday Friends Volunteer

If you feel you could give some of your time and would like to start volunteering, please get in touch.

Be part of something amazing.

Start your volunteer journey today:

- volunteering@dovehouse.org.uk
- 01482785747
- dovehouse.org.uk/volunteer





Retail Round Up

A look at the last six months:

Hessle Road relocations

Furniture Superstore - our new Furniture Superstore opened on 15th June and is already proving to be a popular destination for buying some great furniture and homewares. Open Monday to Saturday, 9am-5pm and Sunday, 10am -4pm the Furniture Superstore boasts extensively more space than our previous At Home shop. The Superstore sells sofas, beds, wardrobes, garden furniture, soft furnishings, and even has a Re-Use Electricals section, selling white goods such as fridges and washing machines. There is something for every room!

244 – 246 Hessle Road, Hull, HU3 3DB.

Hessle Road clothing shop - we relocated our Hessle Road clothing shop to where our old At Home shop used to be on 17th July. Housing womenswear, menswear, and childrenswear and spread out over two floors it is our biggest traditional charity shop. But excitingly, it is the new home to **Bridal by Dove House**, our fabulous selection of preloved wedding dresses and accessories.

② 380-386 Hessle Road, Hull, HU3 3SD.

To find a shop near you visit:

dovehouse.org.uk/find-a-shop

Let's take a look at the year ahead:

A new shop on Malmo Road

In the coming months we will be opening a shop within our warehouse. You'll have to wait and see what this shop will look like and what delights it will have for sale as we're keeping it under wraps for now, but more information will be coming out over the next few months. Keep an eye on our social media for details because you won't want to miss out on this one when it opens!

Malmo Road, Hull, HU7 0YF.



you can support the hospice by donating to the Re-Use Shop when you visit a Household Waste Recycling Site?

If you are having a clear out and taking items to the Household Waste Recycling Site (HWRS) consider leaving items such as furniture, electricals, sporting equipment, TVs, and antiques in the Re-Use container instead of sending them for recycling. There is a Re-Use container at every HWRS across the region and donating to Re-Use helps stop excess waste, promotes a reuse culture, and importantly helps us support our patients and their families.

Items left in the Re-Use Containers are sold at:

The Re-Use Shop which is open seven days a week and is a treasure trove of used, but great quality, goods.

Humberfield Household Waste Recycling Site, Ferriby Road, Hessle, HU13 0JL

Re-Use Electricals within the Dove House Furniture Superstore Hull where there is an extensive range of appliances on offer.

244-246 Hessle Road, Hull, HU3 3DB

To find out more please visit:

dovehouse.org.uk/ReUse

If you need to dispose of large electrical appliances that are in working order Re-Use Electricals can collect them for free, saving you getting them to the HWRS.

To book a collection

01482 644698

Donations Guide

Where can you donate?

You can donate your unwanted clothes, toys, games and household items to your nearest Dove House shop. To find your nearest shop visit www.dovehouse.org.uk/shops You can also drop your goods off at our Retail Distribution Centre on Malmo Road, Hull, HU7 OYF between 10am and 4pm.

What can you donate?

We sell pretty much everything in our shops across Hull and the East Riding of Yorkshire but there are some items we can't accept. Please find a complete list of these items at www.dovehouse.org.uk/shopdonations

Before you donate your goods please consider the following questions:

Clothing

Is the item clean?

Is the item damaged in any way?

Is the fabric bobbly?

Electricals

Is the item in good repair?

Is it dirty?

Does it work?

Toys and Games

Are all the pieces there?
(If not please do not donate!)

Are they broken?

Are the boxes badly damaged?



Children's Equipment

Does it conform to British Standards?

Is it damaged in any way?

Are the harnesses intact?

Is it complete?

Furniture

Is the upholstery ripped or stained?

Does it have the correct fire label still attached?

Is the item complete? (Flat packed furniture not accepted)

Is it clean?

Is the wood scratched or damaged?



Household

Is there a complete set?

g. glassware – single glasses don't ell – needs to be at least a set of 4)

Is the item too worn to be of use? (e.g. pans with non-stick coating damaged)

Are plates/cups chipped?

Is the glaze cracked?

Please remember, for whatever items you are donating, check that they are in a **good saleable condition** so that we can raise as much as possible from your goods and not have to spend hospice funds on waste disposal.





Fundraising

There have been lots of fun and exciting things happening to raise funds for Dove House recently:

Our Fundraising team have partnered with a local race night provider, and we have been holding regular race nights and other fundraising activities in pubs and venues across the region. So far these have raised £12,500 – if you know a pub that would like to sign up get in touch!

This year's Easter Egg appeal, where businesses, schools, and organisations raffle an Easter egg on our behalf, raised an amazing £3,579.33. In April 448 people took part in our muddiest event Get Caked at Sledmere House and raised over £28,000 for those that need the hospice's care. We had 142 Dove House runners take on Hull's 10K race in June. Despite extremely high temperatures the runners all did a fantastic job. Together they raised over £8000.

Once again gardens in and around Hull opened up to raise vital funds for the hospice. With magical gardens, stunning flowers, and unique sculptures Hessle West Open Gardens raised £4,100, Cottingham Open Gardens raised £6,281 and Avenues Open Gardens raised £11,748.

The community came together in June to remember their loved ones at this year's **Summer Memories** ceremony which took place at the hospice. The memorial event makes such an incredible difference to local families and we would like to thank A. Shepherd & Sons for sponsoring the event and for their ongoing support of the hospice. June also saw 17 schools and nurseries take part in **Jungle Jog** which is expected to raise £7000!

36 teams took on the challenge of 70's television show It's A Knockout in July to become the champion of the inflatables. A great day was had by all! Meanwhile lots of local businesses, shops, and even schools have been selling hospice badges which have raised a wonderful £3500.



Could you take on a personal challenge?

Support Dove House in your own way by taking on an individual challenge.

Choose your challenge, decide on your fundraising target, and let us know about it. We can help you along the way with sponsor forms, t-shirts, fundraising ideas, and anything else you need.

Your challenge could take an hour, 24 hours, a week, or a month – it's your choice. It's also a fabulous opportunity to try something new or out of your comfort zone! All we ask is that you "do it for Dove House"!

If you would like to chat about an idea or need a little inspiration contact the Fundraising Team

- **©** 01482 785743
- fundraising@dovehouse.org,uk

Your Charity Ettery

WEB SITE MAKEOVER!

Your Charity Lottery website had a revamp last month and now boasts a much more modern look and is much easier for players to use. Soon you will also be able to buy single draw tickets and scratchcards online, as well as signing up as a member - keep an eye on social media for when this is available.

Playing Your Charity
Lottery is a great way
to support Dove House
and make a difference
within your local communi

ourcharitylottery.org.u

Your Support | Your Charity Lottery | Your Local Hospice

rson responsible for the lottery: adler, Dove House Hospice, Chamberlain Road, Hull gistered Office: Chamberlain Road, Hull, HU8 8DH



GambleAwar

Hannah's Story

My dad inspired me to fundraise

Dad was only at the hospice for five days, but everything was fantastic. I have so many wonderful memories of those few days that I look back on and smile about.

The hospice took away all of the noise and chaos and we could actually just have time with my dad. He was still cracking jokes even then, making my mum go back and forth to find him the 'right' mug for a cup of tea, just like he always did.

Family and friends were able to visit him at the hospice. I remember just being able to be around him and laughing. It was a magical moment in such an awful time. It was just so nice to be at Dove House.

We felt everyone was so welcoming. We could just spend time with him in his room, put some music on, and just sit there. We didn't have to say anything, just being in each other's presence was lovely. Dove House helped us cherish the moments so much more.

While visiting Dad at the hospice I saw a sign for the Trek. I am a bit of an adventurer, like my dad, and when I heard they were going to Canada I knew I had to sign up. It was an unreal experience. Taking part in my dad's memory was an honour whilst also knowing the money I raised would go to help anyone else who would need the hospice. I also took part in Strictly Learn to Dance which was an incredible experience!

Fundraising for the hospice, even just a little bit, goes a long way to help other families in the situation we were in. It makes me so proud that I am part of that.

To anyone wanting to donate or take on a challenge, every penny goes so far and helps so much. Dove House is so much more than a hospice. You never know when you might need them.

If you are thinking of taking on a challenge for the hospice please get in touch with our friendly Fundraising Team who are on hand to help (plus, we love to hear how people are supporting the hospice).

- dovehouse.org.uk/fundraise
- **O**1482 785743
- fundraising@dovehouse.org.uk







Upcoming Events Dove House Hospice

To find out more about our Fundraising activities get in touch:



01482785795



fundraising@dovehouse.org.uk



www.dovehouse.org.uk/events



Walk over hot coals and broken glassbarefoot!



AHAKA Sahara Trek

4th

Nov

A fantastic opportunity to experience a trek in the Sahara Desert.

Northern Belle Edinburgh

A luxurious Christmas experience awaits!



P LIFE Dec 2023

Light Up a Life

Celebrate and remember the lives of your loved one this Christmas.

Motivated in March

Have fun, get fit, and raise vitally important funds for Dove House.





Car Boot sales take place every Sunday throughout the Summer, look out for details on Facebook!



Strictly Learn to Dance Hull City Hall

> We are looking for 24 fabulous wannabe dancers to join us for Strictly in 2024









Dove House Hospice Limited a company limited by guarantee. Registered office: Dove House Hospice. Chamberlain Road, Hull, HU8 8DH. Registered in England and Wales Company number: 01498747 Registered Charity Number: 509551

NL23 - CN24P CN20P CN113 CN8P CN11P CN106 CN10P CN104 CN108 CN111



